KSPN Gerontology Nursing
Course Outcome Summary

Course Information
Organization       KSBN
Development Date  9/8/2006
Revised Date       6/28/2007
Total Credits      2

Description
This course is designed to explore issues related to the aging adult using the nursing process as the organizing framework. Also discussed are the impact of ageism, alterations in physiological and psycho-social functioning, and the role of the practical nurse in caring for older adult clients.

Types of Instruction
Instruction Type
Classroom Presentation

Competencies
1. Examine the impact of ageism
   Properties
   Domain: Cognitive   Level: Application
   Linked KS PN Program Outcomes
   Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.
   Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.
   Linked NAPNE Standards
   PB5_Demonstrate accountability for nursing care provided by self and/or delegated to others.
   PB6_Function as an advocate for the health care consumer
   PB7_Identify the impact of economic, political, social, cultural, and demographic forces on the role of the practical / vocational nurse in the delivery of health care.
   CI1_Protect and promote the client’s dignity.
   CI3_Demonstrate caring behavior towards the client and significant support person(s).
   CI4_Provide competent and safe nursing care in a variety of settings.
   CI5_Provide a safe physical and psychosocial environment for the client and significant others.
   CI8_Assist the client and significant others to achieve optimum comfort and functioning.
   CI9_Instructs client regarding individualized health needs in keeping with the practical/vocational nurse’s knowledge level.
M3. Assume responsibilities for managing own actions when providing nursing care for individuals and groups.

M5. Assist the client and significant support person(s) to access available resources and services.

M6. Implement nursing strategies to provide cost efficient care.


Linked NCLEX

A. Safe and Effective Care Environment: The practical/vocational nurse provides nursing care that contributes to the delivery of client care and assists in the protection of health care personnel.

A.1. Coordinated Care The practical/vocational nurse collaborates with team members to facilitate effective client care.

A.1.j: Ethical Practice

A.1.l: Legal Responsibilities

B. Health Promotion and Maintenance The practical/vocational nurse provides nursing care for clients that incorporates knowledge of expected stages of growth and development, and prevention and/or early detection of health problems.

B.a: Aging Process

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.a: Abuse or Neglect

C.p: Support Systems

**Competence will be demonstrated:**

- through a written, graphic or oral presentation

**Performance will be successful when the:**

- learner identifies personal and social attitudes
- learner defines ageism
- learner identifies elder abuse
- learner describes major economic concerns
- learner describes changes in family dynamics

2. Identify alterations in physiological and psycho-social functioning

**Properties**

Domain: Cognitive  Level: Analysis

**Linked KS PN Program Outcomes**

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

**Linked NAPNE Standards**


A1. Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client.

A2. Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members,
family, significant others, and health records.

A3_Document data collection.
A4_Communicate findings to appropriate healthcare personnel.
A5_Assess the client's health status and evaluate response to interventions.
A6_Document findings from assessment.

P1_Utilize knowledge of normal values to identify deviation in health status to plan care.
P2_Contributes to the development of nursing care plans utilizing established nursing diagnosis from clients with common, well-defined health problems.
P3_Prioritizes nursing care needs of clients.
P4_Assists in the review and revision of nursing care plans to meet the changing needs of clients.
P5_Modify client care as indicated by the evaluation of outcomes.

Linked NCLEX
B. Health Promotion and Maintenance The practical/vocational nurse provides nursing care for clients that incorporates knowledge of expected stages of growth and development, and prevention and/or early detection of health problems.
B.a: Aging Process
B.b: Ante/Intra/Postpartum and Newborn Care
B.f: Expected Body Image Changes
B.k: Human Sexuality

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support
C.b: Behavioral Interventions/Behavioral Management
C.c: Coping Mechanisms
C.f: End-of-Life Concepts
C.k: Sensory/Perceptual Alterations
C.l: Situational Role Changes
C.m: Stress Management

D. Physiological Integrity
D.1. Basic Care and Comfort The practical/vocational nurse provides comfort to clients and assistance in the performance of their activities of daily living.
D.1.b: Elimination
D.1.c: Mobility/Immobility
D.4. Physiological Adaptation The practical/vocational nurse participates in providing care for clients with acute, chronic or life-threatening physical health conditions.
D.4.a: Alterations in Body Systems/Basic Pathophysiology

Competence will be demonstrated:
o through a written, graphic or oral presentation

Performance will be successful when the:
o learner identifies integumentary changes
o learner identifies musculoskeletal changes
o learner identifies respiratory changes
o learner identifies cardiovascular changes
o learner identifies hematologic and lymph changes
o learner identifies gastrointestinal changes
o learner identifies urinary changes
o learner identifies nervous system changes
o learner identifies special senses changes
o learner identifies endocrine change
o learner identifies reproduction and genito-urinary changes
o learner identifies cognitive-perceptual functioning changes
o learner identifies self-perception and self-concept of the aging populations
o learner identifies the roles and relationships of the aging population
o learner identifies coping and stress strategies
o learner identifies common values and beliefs in older adults
o learner identifies end-of-life care
o learner identifies factors that affect sexuality of older adults
o learner identifies factors that affect the aging family

3. Differentiate among palliative, restorative and rehabilitative care

Properties
Domain: Cognitive   Level: Analysis
Linked KS PN Program Outcomes
Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Linked NAPNE Standards
A1_Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client.
A2_Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records.
A3_Document data collection.
A4_Communicate findings to appropriate healthcare personnel.
A5_Assess the client’s health status and evaluate response to interventions.
A6_Document findings from assessment.
P1_Utilize knowledge of normal values to identify deviation in health status to plan care.
P2_Contributes to the development of nursing care plans utilizing established nursing diagnosis from clients with common, well-defined health problems.
P3_Prioritizes nursing care needs of clients.
P4_Assists in the review and revision of nursing care plans to meet the changing needs of clients.
P5_Modify client care as indicated by the evaluation of outcomes.
CI1_Protect and promote the client’s dignity.
CI2_Identify and honor the emotional, cultural, religious, and spiritual influences on the client’s health.
CI3_Demonstrate caring behavior towards the client and significant support person(s).
CI4_Provide competent and safe nursing care in a variety of settings.
CI5. Provide a safe physical and psychosocial environment for the client and significant others.

CI6. Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical/vocational nursing practice.

CI7. Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8. Assist the client and significant others to achieve optimum comfort and functioning.

CI9. Instructs client regarding individualized health needs in keeping with the practical/vocational nurse’s knowledge level.

**Linked NCLEX**

B. Health Promotion and Maintenance The practical/vocational nurse provides nursing care for clients that incorporates knowledge of expected stages of growth and development, and prevention and/or early detection of health problems.

B.e: Disease Prevention

D. Physiological Integrity

D.1. Basic Care and Comfort The practical/vocational nurse provides comfort to clients and assistance in the performance of their activities of daily living.

D.1.b: Elimination

D.1.c: Mobility/Immobility

D.1.e: Nutrition and Oral Hydration

D.1.f: Palliative/Comfort Care

D.1.h: Rest and Sleep

**Competence will be demonstrated:**

- through a written, graphic or oral presentation

**Performance will be successful when the:**

- learner defines palliative, restorative and rehabilitative care
- learner identifies nutritional and fluid needs
- learner identifies care of aging skin and mucous membranes
- learner identifies elimination needs
- learner identifies activity and exercise needs
- learner identifies sleep and rest needs

4. Express the role of the practical nurse in the geriatric setting

**Properties**

Domain: Cognitive   Level: Application

**Linked KS PN Program Outcomes**

Provide nursing care within the scope of the ethical and legal responsibilities of practical nursing.

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Demonstrate responsibilities of the practical nurse as an individual who collaborates
within the healthcare system and the community.

**Linked NAPNE Standards**

**PB1**_Comply with the ethical, legal, and regulatory frameworks of nursing and the scope of practice as outlined in the LPN/LVN nurse practice act of the state in which licensed._

**PB2**_Utilize educational opportunities for continued personal and professional growth._

**PB3**_Identify personal potential and considers career mobility options._

**PB4**_Identify personal strengths and weaknesses for the purpose of improving performance and life long learning._

**PB5**_Demonstrate accountability for nursing care provided by self and/or delegated to others._

**PB6**_Function as an advocate for the health care consumer._

**PB7**_Identify the impact of economic, political, social, cultural, and demographic forces on the role of the practical / vocational nurse in the delivery of health care._

**PB8**_Serve as a positive role model within healthcare settings and the community._

**PB9**_Participate as a a member of a the practical nursing organization._

**C1**_Utilize communication skills when interacting with clients, significant others, and health care team members._

**C2**_Communicate relevant, accurate, and complete information._

**C3**_Report and document assessments, interventions, and progress toward client outcomes._

**C4**_Maintain organizational and client confidentiality._

**C5**_Utilize information technology to support ant communicate the planning and provision of client care._

**C6**_Utilize appropriate channels of communication._

**A1**_Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client._

**A2**_Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records._

**A3**_Document data collection._

**A4**_Communicate findings to appropriate healthcare personnel._

**A5**_Assess the client’s health status and evaluate response to interventions._

**A6**_Document findings from assessment._

**P1**_Utilize knowledge of normal values to identify deviation in health status to plan care._

**P2**_Contributes to the development of nursing care plans utilizing established nursing diagnosis from clients with common, well-defined health problems._

**P3**_Prioritizes nursing care needs of clients._

**P4**_Assists in the review and revision of nursing care plans to meet the changing needs of clients._

**P5**_Modify client care as indicated by the evaluation of outcomes._

**CI1**_Protect and promote the client’s dignity._

**CI2**_Identify and honor the emotional, cultural, religious, and spiritual influences on the client’s health._

**CI3**_Demonstrate caring behavior towards the client and significant support person(s)._ 

**CI4**_Provide competent and safe nursing care in a variety of settings._
CI5. Provide a safe physical and psychosocial environment for the client and significant others.

CI6. Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical/vocational nursing practice.

CI7. Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8. Assist the client and significant others to achieve optimum comfort and functioning.

CI9. Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

M1. Assist in the coordination and implementation of an individualized plan of care for clients and significant support person(s).

M2. Delegate aspects of client care to unlicensed assistive personnel and other personnel as appropriate within the state's legal, ethical, and regulatory framework for the scope of practice for practical/vocational nurses.

M3. Assume responsibilities for managing own actions when providing nursing care for individuals and groups.

M4. Supervise and evaluate the activities of unlicensed assistive personnel and other personnel as appropriate within the state's legal, ethical, and regulatory framework for the scope of practice for practical/vocational nurse.

M5. Assist the client and significant support person(s) to access available resources and services.

M6. Implement nursing strategies to provide cost efficient care.

M7. Demonstrate competence with current technologies.


Linked NCLEX

A. Safe and Effective Care Environment: The practical/vocational nurse provides nursing care that contributes to the delivery of client care and assists in the protection of health care personnel.

A.1. Coordinated Care The practical/vocational nurse collaborates with team members to facilitate effective client care.

A.1.h: Continuity of Care

A.1.l: Legal Responsibilities

B. Health Promotion and Maintenance The practical/vocational nurse provides nursing care for clients that incorporates knowledge of expected stages of growth and development, and prevention and/or early detection of health problems.

B.c: Data Collection Techniques

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.q: Therapeutic Communication

C.r: Therapeutic Environment

Competence will be demonstrated:

- through a written, graphic or oral presentation

Performance will be successful when the:

- learner defines the role of the practical nurse in the geriatric setting
- learner identifies the scope of practice of the practical nurse in the geriatric setting
- learner applies the nursing process to the geriatric client
5. Explore methods of health promotion and disease prevention in the aging population

Properties
Domain: Cognitive   Level: Application

Linked KS PN Program Outcomes
Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Linked NAPNE Standards
C1_Utilize communication skills when interacting with clients, significant others, and health care team members.
C2_Communicate relevant, accurate, and complete information.
C3_Report and document assessments, interventions, and progress toward client outcomes.
C4_Maintain organizational and client confidentiality.
C5_Utilize information technology to support and communicate the planning and provision of client care.
C6_Utilize appropriate channels of communication.
A1_Assess basic physical, developmental, spiritual, cultural, functional, and psychosocial needs of the client.
A2_Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records.
A3_Document data collection.
A4_Communicate findings to appropriate healthcare personnel.
A5_Assess the client’s health status and evaluate response to interventions.
A6_Document findings from assessment.
P1_Utilize knowledge of normal values to identify deviation in health status to plan care.
P2_Contributes to the development of nursing care plans utilizing established nursing diagnosis from clients with common, well-defined health problems.
P3_Prioritizes nursing care needs of clients.
P4_Assists in the review and revision of nursing care plans to meet the changing needs of clients.
P5_Modify client care as indicated by the evaluation of outcomes.
C11_Protect and promote the client’s dignity.
C12_Identify and honor the emotional, cultural, religious, and spiritual influences on the client’s health.
C13_Demonstrate caring behavior towards the client and significant support person(s).
C14_Provide competent and safe nursing care in a variety of settings.
C15_Provide a safe physical and psychosocial environment for the client and significant others.
C16_Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical/vocational nursing practice.
CI7. Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8. Assist the client and significant others to achieve optimum comfort and functioning.

CI9. Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

M1. Assist in the coordination and implementation of an individualized plan of care for clients and significant support person(s).

M2. Delegate aspects of client care to unlicensed assistive personnel and other personnel as appropriate within the state's legal, ethical, and regulatory framework for the scope of practice for practical/vocational nurses.

M3. Assume responsibilities for managing own actions when providing nursing care for individuals and groups.

M4. Supervise and evaluate the activities of unlicensed assistive personnel and other personnel as appropriate within the state's legal, ethical, and regulatory framework for the scope of practice for practical/vocational nurse.

M5. Assist the client and significant support person(s) to access available resources and services.

Linked NCLEX

A. Safe and Effective Care Environment: The practical/vocational nurse provides nursing care that contributes to the delivery of client care and assists in the protection of health care personnel.

A.2. Safety and Infection Control The practical/vocational nurse contributes to the protection of clients and health care personnel from health and environmental hazards.

A.2.a: Accident/Error/Injury Prevention

A.2.c: Home Safety

A.2.i: Standard/Transmission-Based/Other Precautions

B. Health Promotion and Maintenance The practical/vocational nurse provides nursing care for clients that incorporates knowledge of expected stages of growth and development, and prevention and/or early detection of health problems.

B.c: Data Collection Techniques

B.e: Disease Prevention

B.i: Health Promotion/Screening Programs

D. Physiological Integrity

D.1. Basic Care and Comfort The practical/vocational nurse provides comfort to clients and assistance in the performance of their activities of daily living.

D.1.e: Nutrition and Oral Hydration

D.2. Pharmacological Therapies The practical/vocational nurse provides care related to the administration of medications and monitors clients who are receiving parenteral therapies.

D.2.c: Medication Administration

D.3. Reduction of Risk Potential The practical/vocational nurse reduces the potential for clients to develop complications or health problems related to treatments, procedures or existing conditions.

D.3.e: Therapeutic Procedures

D.4. Physiological Adaptation The practical/vocational nurse participates in providing care for clients with acute, chronic or life-threatening physical health conditions.

D.4.a: Alterations in Body Systems/Basic Pathophysiology
Competence will be demonstrated:
- through a written, graphic or oral presentation

Performance will be successful when the:
- learner identifies factors that affect health promotion and prevention
- learner identifies factors that affect communicating with older adults
- learner identifies factors that affect nutrition in older adults
- learner identifies factors that affect medications with older adults
- learner describes health assessment of the older adult
- learner identifies safety needs of the older adult

6. **Explore legal and ethical issues pertaining to the aging adult**

**Properties**

Domain: Cognitive   Level: Application

**Linked KS PN Program Outcomes**

Provide nursing care within the scope of the ethical and legal responsibilities of practical nursing.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

**Linked NAPNE Standards**

PB1_Comply with the ethical, legal, and regulatory frameworks of nursing and the scope of practice as outlined in the LPN/LVN nurse practice act of the state in which licensed.

PB2_Utilize educational opportunities for continued personal and professional growth.

PB3_Identify personal potential and considers career mobility options.

PB4_Identify personal strengths and weaknesses for the purpose of improving performance and life long learning.

PB5_Demonstrate accountability for nursing care provided by self and/or delegated to others.

PB6_Function as an advocate for the health care consumer

PB7_Identify the impact of economic, political, social, cultural, and demographic forces on the role of the practical / vocational nurse in the delivery of health care.

PB8_Serve as a positive role model within healthcare settings and the community.

PB9_Participate as a member of a the practical nursing organization.

CI1_Protect and promote the client’s dignity.

CI2_Identify and honor the emotional, cultural, religious, and spiritual influences on the client’s health.

CI3_Demonstrate caring behavior towards the client and significant support person(s).

CI4_Provide competent and safe nursing care in a variety of settings.

CI5_Provide a safe physical and psychosocial environment for the client and significant others.

CI6_Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical / vocational nursing practice.

CI7_Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8_Assist the client and significant others to achieve optimum comfort and functioning.
CI9_Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

**Linked NCLEX**

A. Safe and Effective Care Environment: The practical/vocational nurse provides nursing care that contributes to the delivery of client care and assists in the protection of health care personnel.

A.1. Coordinated Care The practical/vocational nurse collaborates with team members to facilitate effective client care.

A.1a: Advance Directives
A.1b: Advocacy
A.1.d: Client Rights
A.1.l: Legal Responsibilities

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.a: Abuse or Neglect

**Competence will be demonstrated:**
- through a written, graphic or oral presentation

**Performance will be successful when the:**
- learner identifies the purpose of advance directives
- learner identifies patient's rights
- learner identifies the standards of practice as outlined in the Nurse Practice Act
- learner describes the role of the practical nurse as a patient advocate
- learner describes the legal requirements reporting elder abuse

7. **Apply biological, psychosocial, spiritual, and cultural principles related to the care of the aging adult**

**Properties**

Domain: Cognitive   Level: Application

**Linked KS PN Program Outcomes**

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

**Linked NAPNE Standards**

A1_Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client.
A2_Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records.
A3_Document data collection.
A4_Communicate findings to appropriate healthcare personnel.
A5_Assess the client's health status and evaluate response to interventions.
A6_Document findings from assessment.

**Linked NCLEX**

B. Health Promotion and Maintenance The practical/vocational nurse provides nursing care for clients that incorporates knowledge of expected stages of growth and
development, and prevention and/or early detection of health problems.

B.a: Aging Process

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.e: Cultural Awareness

C.j: Religious or Spiritual Influences on Health

**Competence will be demonstrated:**

- through a written, graphic or oral presentation

**Performance will be successful when the:**

- learner considers the biological needs of care for an aging client
- learner considers the psychosocial needs of care for an aging client
- learner considers the spiritual beliefs of the aging client
- learner considers the cultural beliefs of the aging client

**Learning Objectives**

a. family interaction patterns
b. spiritual and cultural